

## **Nebraska Children's Commission – Psychotropic Medication Committee**

Third Meeting

November 6, 2012

2:00-4:00PM

BryanLGH West – West Nursing System Classroom  
2300 South 16th, Lincoln, NE

### **Call to Order**

Jen Nelson called the meeting to order at 2:00pm and noted that the Open Meetings Act information was posted in the back of the room as required by state law.

### **Roll Call**

Subcommittee Members present: Jennifer Nelson, Pam Allen, Beth Baxter, Amanda Blankenship, Sara Goscha, Norman Langemach, Carla Lasley, Kayla Pope, Gary Rihanek, Blaine Shaffer, Vicky Weisz, and Gregg Wright.

Subcommittee Members absent: Candy Kennedy-Goergen and Kristi Weber.

### **Approval of Agenda**

A motion was made by Beth Baxter to approve the agenda with a change of moving item VI before item V in the agenda. The motion was seconded by Gary Rihancek. Voting yes: Jennifer Nelson, Pam Allen, Beth Baxter, Amanda Blankenship, Norman Langemach, Carla Lasley, Gary Rihanek, Blaine Shaffer, Vicky Weisz, and Gregg Wright. Candy Kennedy-Goergen, Sara Goscha, Kayla Pope, and Kristi Weber were absent. Motion carried.

### **Approval of October 10, 2012, Minutes**

A motion was made by Beth Baxter to approve the minutes of the October 10, 2012, meeting, seconded by Pam Allen. Voting yes: Jennifer Nelson, Pam Allen, Beth Baxter, Amanda Blankenship, Norman Langemach, Carla Lasley, Gary Rihanek, Blaine Shaffer, Vicky Weisz, and Gregg Wright. Norman Langemach and Gregg Wright abstained. Candy Kennedy-Goergen, Sara Goscha, Kayla Pope, and Kristi Weber were absent. Motion carried.

### **American Academy of Child and Adolescent Psychiatry (AACAP) Guidelines**

The committee reviewed the AACAP guidelines for psychotropic medication use in children and youth who are wards of the State. Beth Baxter provided a copy of comments and edits that she was suggesting to the guidelines. The committee agreed to use that version of the guidelines for

discussion purposes. The committee discussed the need to add a reference in the background information to trauma and to the lack of consistency in the monitoring of medications across placements. The committee also discussed the processes that could be used to monitor medications especially for those children under the age of 5.

The committee discussed adding clarification to the basic principles that would require appropriate education for youth on medications that they are taking to aid in effective medication management. The committee then discussed the wide range of training that was needed for children, youth, families, caregivers, and for the workforce.

The committee then discussed oversight procedures and the use of advisory committees to oversee a medication formulary and provide medication monitoring guidelines. The committee also decided to add information that DHHS and the Administrative Office of the Courts along with other system stakeholders should work together on guidelines and protocols that address the principles and recommendations for monitoring the use of psychotropic medications.

Gregg Wright then moved to approve the guidelines with Beth Baxter's revisions and the committee's friendly amendments. The motion was seconded by Jen Nelson. Voting yes: Jennifer Nelson, Pam Allen, Beth Baxter, Amanda Blankenship, Norman Langemach, Carla Lasley, Gary Rihaneck, Blaine Shaffer, and Gregg Wright. Candy Kennedy-Goergen, Kristi Weber, and Vicky Weisz were absent. Motion carried.

#### **DHHS Provide Data and CFS Training Team**

Paulette Wathen and Mary Osborne provide the committee with an update on CFS training. Information was also provided on Nebraska Medicaid prior authorization process.

#### **New Business**

#### **Next Meeting Date**

None scheduled at this time.

#### **Adjourn**

A motion was made by Kayla Pope to adjourn the meeting, seconded by Carla Lasley. The meeting adjourned at 4:12pm.